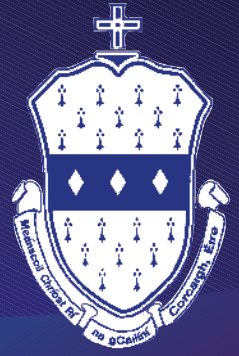


# CHRIST KING COURIER

Christ King Secondary School, South Douglas Road, Cork T: 021 4961448

SUMMER 2022





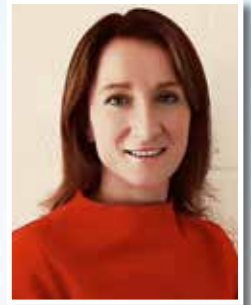


# Teachtaireacht an Phríomhoide - Principal's Address

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Incredibly, we have reached the end of the 2021-22 academic year, which, once again, began under the shadow of Covid with students returning amid social distancing, hand sanitising, facemasks and heavily-restricted activities. Happily, when the restrictions lifted in February, our extracurricular programme took off, and the students could once again participate fully in inter-school sports competitions and many other activities. Christ King Girls' Secondary School flourished, matching and exceeding its pre-Covid 19 successes. Each day was filled with students working in groups, sports, art and musical performances, as well as many extracurricular events for students. A collective sense of school spirit could return, and we have thoroughly enjoyed working with your daughters this year. I want to thank the school's staff for their incredible dedication to all things Christ King. They have worked tirelessly to provide endless opportunities for your daughters to develop spiritually, academically, physically and emotionally. The days have been full of fun and laughter with visits to Gougán Barra, Killarney lakes, Dublin, art galleries, UCC, and further afield to London and Venice.



Sports Day 2022, was an excellent example of great teamwork, initiative and creativity, which resulted in a memorable day for everyone in the school community. The end of the school year came around quickly, with the Annual Award ceremony, junior cycle Mass, Transition Year Graduation and the Sixth Year Graduation Mass following each other in quick succession.

This year we bid farewell to long-serving members of our school community; Deputy Principal Ms Cáit Watkins, Ms Valerie O' Flynn-Doyle, and Ms Maureen Shanahan, who have now completed their teaching careers. We thank them for their dedication to the school and wish them every happiness in retirement.

We wish our Leaving Certificate students every success as they commence the exciting opportunities third-level universities will provide, and we look forward to hearing about their accomplishments. We look forward to seeing the girls back for the autumn term at the end of the summer. I wish you all for a happy, healthy summer break in 2022.

Richel Long,  
Principal

## Awards Ceremony Recipients 2021

We were delighted to have the Christ King Annual Awards Ceremony in person again this year. Ms. Sarah Curtin was the eloquent Master of Ceremonies. Christ King past pupil, Jessica Leen, attended as guest of honour.

We were very happy to welcome past pupils Meg Ryan, Lauren O'Connell, Ciara Barrett, Quercus Scholarship awardees at UCC, and Lauren O'Callaghan, who received a Trinity College Entrance Scholarship.

Awards were presented in many categories. Well done to all award winners on the night.

Leadership Awards	Award Recipients	
<b>Student Council and Junior Forum</b>	All student council members received a cert.	
<b>Meitheal</b>	Dara Burtchael Isabel Gough Roisin Kelleher Cianagh Leahy Tara Lyons	Molly Mahoney Caoimhe McAndrew Sinéad McSweeney Susan O'Donovan Jane Scanlan
<b>Comhairle na nOg</b>	An Dinh Akshita Gupta Megan Rose Thomas Grace O'Toole Krizel Herana Ellie Patterson	Megan O'Sullivan Sarah Whooley Ellen McGovern Clíodhna O'Malley Ayushi Mahajan Maeve O'Connell
<b>Gaisce</b>	Mary O'Donovan Suzanne Murphy Aisling O'Halloran	Aoibhe Humphrey Marion Goggin Rose Brady
<b>Head Girl and Deputy Head Girl Awards</b>	Holly Umeh	Veronica Howells



## Awards Ceremony Recipients 2021 – Comghairdeas le gach éinne a mbronnadh gradam orthu.

Leadership Awards	Award Recipients	
Student Council and Junior Forum	All student council members received a cert.	
Meitheal	Dara Burtchael Isabel Gough Roisin Kelleher Cianagh Leahy Tara Lyons	Molly Mahoney Caoimhe McAndrew Sinéad McSweeney Susan O'Donovan Jane Scanlan
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Gaisce	Mary O'Donovan Suzanne Murphy Aisling O'Halloran	Aoibhe Humphrey Marion Goggin Rose Brady
Head Girl and Deputy Head Girl Awards	Holly Umeh	Veronica Howells

Academic Awards	Award Recipients	
Christ King Scholars 1st Yr	Grace Conway Aisling Fitzgerald Ava Geary Amelie Healy Sarah Cashman Aoife Collins Kaya Griffin Niamh O'Byrne Nia O'Kane Íde Lane	Aoibhinn Guilfoyle Alison McCarthy Robyn Carroll Emily Ryan Jessica Ryan Sinéad Audley Zara Burns Lola Grainger Isabel Sheridan Kinga Mulsialak
Christ King Scholars 2nd Yr	Aisling Crowley Saanvi Kaushik Rebecca Walsh Amy O'Sullivan Ailbhe Flynn Eva Slattery McGroary Krizel Herana Khawar Bilal	Dora Farkas Sarah O'Connell Sadhbh Smith-Maradiaga An Dinh Akshita Gupta Clodagh Morrison Laura Buckley Sarah Scannell
Christ King Scholars 3rd Yr	Nicole Rohan Clodagh Moore Sinéad Ahern Mairéad Moore Arwen Hayes Orla Sheehan	Eileen Collins Martha Scully Clíodhna O'Malley Rayaa Ponnle Maya Mahon Julie Kingston

Academic Awards	Award Recipients	
Christ King Scholars TY	Afrin Akter Vennelaa Ramesh Chellapuri Méabh Doherty Tara Swanton Emily Nolan Sophie Jones Rachel Bowdren Jane O'Callaghan Sarah Allen Emily O'Sullivan Natalia Muraszko Ciara Naughton Lucy Chapman	Ella Harte Orla Carroll Sara Griffin Rachel Sheehan Neesha Shahid Claire Herbert Rebecca Sheehan Iffat Ara-Hannan Ava Dolan Peri-Elkie Tiendioh Ria Rose Sam Arianna Murphy

Christ King Scholars 5th Yr	Jescelin Aktar Ayushi Mahajan Harini Ramesh Kumar Julie Bruton Eabha Heffernan Orla Madden Deimante Kadyte	Jane Scanlan Erin Tampus Kate Ahern Kiera Kelly Tara Lyons Cianagh Leahy
Christ King Scholars 6th Yr	Kate Linehan Juliet O'Keefe Zoe Byrne Maeve Moran Ella O'Brien Caoimhe Byrne Maeve Carroll Niamh Hayes Nasrin Akter	Grace Mahoney Siún Mulqueen Katelyn Ahern Paula Capatici Sara Ilijev Rose Brady Felicia Amayo Sanjila Aktar Veronica Howells

3rd Year Subject Awards	Award Recipients
Dalta Gaeilge, Science, Home Economics	Nicole Rohan
English	Hannah Shelly
Maths, Geography, Business, Religious Studies	Sinéad Ahern
History, Art	Arwen Hayes
Art, Technical Graphics	Clodagh Moore
Music	Maya Mahon
French	Emily Hall

6th Year Subject Awards	Award Recipients
Dalta Gaeilge, Physics	Caoimhe Byrne
English, Economics	Kate Linehan
Maths	Nasrin Akter
French	Robyn Fulham
German	Sara Ilijev Paula Capatici
History	Juliet O'Keefe
Geography	Sanjila Aktar
Biology	Maeve Carroll
Chemistry	Katelyn Ahern
Business	Niamh Hayes
Accounting	Maeve Moran
Music	Orla Connolly Rose Brady
Art	Robyn Foley Veronica Howells Grace Noonan
Home Economics	Kate Harris
Applied Maths	Elena Collins
LCVP	Ciara Hurley

Attendance Awards	Award Recipients
	Eve Conroy 5A



# Awards Ceremony Recipients 2021

Science and Technology	Award Recipients	
Lego Robotics League	Alexandra Popovici Emma Rendell Róisín Edo Kania Amy Strode	Seba Annassar Kerri Buckley Ellie-May Hourigan
Numeracy Problem Solving Competition	Oliwia Chrobak Grace Conway Harini Rameshkumar	Rose Brady Íde Lane
Excellence in STEM	Saanvi Kaushik	
Technovation Curriculum	Akshita Gupta Peri-Elkie Tiendioh Amal Shahid Khawar Bilal Maira Khan Daniella Nwaedozie	Leona Oppong Rayann Ponnle Caoimhe Buckley Marlene Liebendorfer Maya Cahell
STEM National Photography Competition	Jane Scanlan	
Citizen Science	Aibhfe Flynn Dora Farkas Aisling Crowley Laura Buckley Saoirse Collins	Alex Garrett Krizel Herana Leona Waugh Sara Griffin Claire Herbert
European Girls' Mathematical Olympiad	Ayushi Mahajan	Kate Ahern
European Solar Telescope Project	Keira Fitzpatrick Peri-Elkie Tiendioh	Ria Rose Sam Sophie Jones
Certified Angus Beef Competition	Claire Herbert Fiona McCarthy	Tara Swanton

The Humanities, Arts and Culture	Award Recipients
Chinese Bridge Competition	Chloe O'Connell
AILO – All Ireland Linguistics Olympiad	Ayushi Mahajan
Cork Schools' Heritage Project	Íde Lane Lauren Downing
PDST National Poetry Competition	Nicole Rohan
PDST National Poetry Competition	Maeve O'Connell TY4
Irish Traditional Music Award	Orla Connolly Shauna Kenny
Music Performance Awards	Ella O'Brien Orla Connolly Caoimhe Byrne Katelyn Ahern
Irish Dancing	Íde Lane
Sky Arts Portrait Artist of the Year	Aimee Coleman
Eurochild European Council	Rayan Ponnle

Sports Awards	Award Recipients
Tiffany Nwaedozie Dione O'Connell Ellie-May Hourigan Lauren Downing Íde Lane Akshita Gupta Amelia Arkadia Krzeminska Katie O'Brien Sienna O'Connell Ava Cahill Katelyn Kiniry Maya Cashell Maya Mahon	Alanna Murray Holly Bott Tara McSweeney Sophie O'Meara Jennifer Wills Laura Wills Katelyn Donovan Julia Ogonowska Mairéad Moore Biatriz Martins Hazel O'Neill Norburg Rachel Ryan

Commitment to School Sports	Award Recipients
Sharon Ring Maeve Carroll Molly O'Connor Felicia Amayo	Maeve Twohig Maeve Moran Shanena Mealy Niamh Barry

Sports Mentorship Awards	Award Recipients
Rachel Bowdren Caoimhe Russell	Sara Griffin

Excellence in Sports Awards	Award Recipients
Thai Boxing	Aideen Mullins
Boxing	Caoilfhionn Grant-Maloney
Sports Personality of the Year	Shanena Mealy
Sports Person of the Year	Megan McCarthy O'Donovan







# Awards Ceremony Recipients 2021

Excellence in Education Awards	Award Recipients
Best Junior Cert Results 2021	Sara Griffin Méabh Doherty
Best Leaving Cert Results 2020	Meg Ryan Lauren O'Connell
Third Level Quercus University Scholarship Recipients	Ciara Barrett Lauren O'Connell Meg Ryan
Trinity College Entrance Scholarship	Laura O'Callaghan

Students of the Year Awards	Award Recipients
1st Year	Seba Annassar 1A
2nd Year	Akshita Gupta 2A
3rd Year	Martha Scully 3C
TY	Sara Griffin TY1
5th Year	Kate Ahern 5D
6th Year	Maeve Carroll 6C

Outstanding Contribution Awards 2021	Award Recipients
Outstanding Contribution Award	Ciara O'Donovan
CEIST Award	Maeve Moran
Senior Principal's Award	Rose Brady
Junior Principal's Award	Akshita Gupta

## Head Girl and Deputy Head Girl 2022-2023



Congratulations to the Head Girl for the new school year, Kate Ahern. The students this year chose two Deputy Head Girls to represent them. Congratulations to Isabel Gough and Tara Lyons. We wish the girls well in the year ahead. We also wish to thank outgoing Head Girl and Deputy Head Girl, Holly Umeh and Veronica Howells. Thank you for your contribution and leadership throughout the year.



Rose Brady Senior Principal's Award



Congratulations to Maeve Moran on winning the @ceist award. Maeve lives the CEIST values and demonstrates leadership in their promotion in our school





# Class Photos – An Chéad Bhliain

This year we photographed all year groups to record the students in a different year and as a celebration of being in school. We start here with First Year Students 2020-2021.

1A



1B



1C







# First Year Class Photos

1D



1E



1F







# First Year Experiences

I have enjoyed my experience in first year. It has been a year full of new experiences and fun activities. I was lucky enough to be able to become a class prefect for 1E. I have had many interesting Junior Forum meetings with all the prefects and deputy prefects. We have discussed many different topics in the meetings such as non-uniform days and even the new student journal for the next academic year. Through junior Forum meetings I have become very good friends with my deputy prefect. Since the start of the year I have found so many new friends and have really enjoyed trying new subjects for the first time. I would say science is my favourite subject as I find it very interesting and I love learning about all the new topics in science. Overall I have really enjoyed my first year at Christ King Girls Secondary School! I hope second year will be just as good.

- Tara Sumedha Murphy 1st Year

The school has great facilities for students and there are all sorts of different after school clubs and activities and ones during lunch too! – Lauren Downing

I enjoy these classes because the atmosphere of the teachers and pupils. Niamh Deasy

I enjoyed that I got to give my opinion on matters in the school, along with the rest of the Junior Forum. Aisling Fitzgerald

Overall, my favourite part of the experience was the atmosphere. The atmosphere of the changing classes, everyone being very friendly and the subjects and clubs being a lot of fun. I think everyone here was really friendly and inclusive and I've made a lot of new friends. Ellie-May Hourigan

# First Year Art

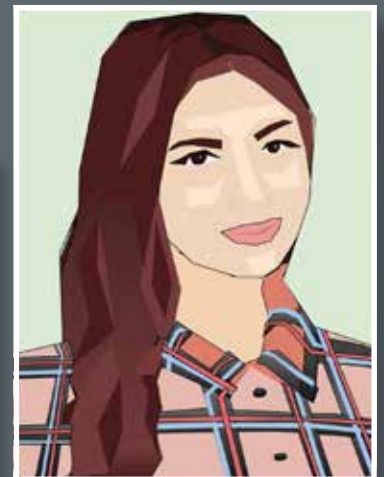
## First Year Painting Projects

Students were given the task of creating a self-portrait or a landscape that appealed to them, the choices vary from the Cliffs of Moher to Shandon. The students were introduced to digital platforms that allowed them to experiment with the colours of their chosen images and they were required to limit the colour palette to create harmonious images. All paintings are A3 in size and painted using acrylic paint.



## First Year Wellbeing Art

First year classes were introduced to digital art as part of their wellbeing programme. The students were taught how to use google drawing and each student created an art work using the polyline tools and vector imaging. Critical thinking and creativity were at the core of this project and the skills obtained will hopefully be transferred and benefit other subjects.



1st year digital art works were created using the google drawing software. Critical thinking and creativity were at the core of this project and the skills obtained will be transferred and benefit other subjects.





# First Year Robotics



First year students Seba Annassar, Kerri Buckley, Róisín Edo Kania, Ellie-May Hourigan, Alexandra Popovici, Emma Rendell and Amy Strode competed in the First Lego League. In preparation for the competition the students engaged in research, problem-solving, and programming a Lego robot that navigated the missions in the robot games. The girls attended the First Lego League competition in UCC on Saturday 7th May and won the award for Best Robot Design.

'The robotics club was the most memorable club I was in. Everyone in the club was so nice. We all worked hard together and we did a great job at the competition. Every Thursday, we got together and tried our hardest to make our robot the best. I'm so glad that myself and the other people who were in the club enjoyed their time at the robotics club.' - Róisín Edo Kania (1B)



The 1st year Robotics team won the award for best robot design @ FLLUK @firstlegoleague The girls did brilliantly overall and are looking forward to competing again next year

# First Year Wellbeing



As part of the Wellbeing modules in first year, students had the opportunity to study Irish Sign Language with their teacher Ms. Bouché. They also learned about the work of the Irish Deaf Society and fundraised for the organisation. The students really enjoyed the module. The aim of Wellbeing modules in first year is to respond to the needs of the students in developing the skills of being active, responsible, resilient, aware of the world around them. We want them to understand the concept of respect and to feel connected.







# First Year 2022/23



We are delighted to welcome a new class of first years to Christ King Secondary School. They came to spend the day with us at the end of June. The morning was full of new experiences and the beginning of new friendships. We wish them all the best in settling in this new term. We have no doubt that they have much to add to their new school community.



## Eolaíocht - Science



### Teen Turn - Technovation

Hello, my name is Caoimhe Buckley, I am a third year student who entered in the Technovation app competition with TeenTurn! TeenTurn is a charity promoting girls getting into learning how to code and technology as a whole. For 14 weeks I attended an online class with some other students. The goal at the end was to create an app that would help solve a problem in your community. All my mentors were lovely and a great help throughout the whole thing. My app is called MentalMap and its main goal is to support your emotional well-being and mental health. It has a diary, mood tracker and additional links to helplines such as Childline and Jigsaw. I had to make business plans, demo videos, pitch videos and the app itself all in 14 weeks. At the end of the 14 weeks all the people who completed an app in Ireland were invited to Microsoft in Dublin. Here we would get the opportunity to pitch our idea to judges and get the chance to win a prize at a national level.

I was delighted to get second place in the senior level! I won a new phone which is amazing, there were tonnes of other prizes such as telescopes, headphones, computers and more!! While

we were in Microsoft we were shown around and I met a lot of new people.

Overall this experience has been amazing to say the least, I would recommend all students to give this a try, best thing is you can do it in groups too!! So come on grab your friends and a computer and get started!!

Well done Caoimhe, Perri, Maya and Ria for all of the work involved.





## Eolaíocht - Science

### Christ King Chicks

This year, as part of our Agricultural Science Special Topic Module, we were given the opportunity to take care of chicks. This came as quite a surprise to students, after we had learned about the anatomy of the hen in previous classes. It was a great learning curve for the entire school, as students got to learn about a topic which is not commonly found in the urban areas surrounding our school.

In the days approaching our Easter holidays, Ms O'Donoghue arrived at school with an incubator filled with several fertilised eggs. Due to my sheer love of Agricultural Science, I arrived at the Physics Lab before she had the chance to finish setting up!! The excitement got the better of me and I let out a squeal, however I soon learned that being loud around the chick eggs was not a good idea. I chose an egg carefully to place into the incubator, and I spread the wonderful news around the entire building!

In previous Ag. Science classes, we had discussed the anatomy and care of hens and poultry, which we found rather interesting, and I felt that this would be extremely beneficial in looking after the chicks once they had hatched. We had also learned about egg production and the battery and cage-free production systems. The food and nutrition aspects of this learning proved to be rather helpful in the coming weeks.

The incubation period of the eggs is 21 days, so once we had returned from our Easter break, movement began inside, on the hatching trays. On Friday, the 29th of April, the first chick hatched. We gave it the beautiful name of 'Chickira'. This name stuck, as classes upon classes arrived to see the ever-increasing number of yellow, and black fluffy chicks. The Ag. Science students helped to care for the chicks, ensuring they had enough feed and that they were all kept warm under the infrared lamp in their comfortable living quarters.

Of course, none of this would have been possible without the watchful and caring eye of Ms. O'Donoghue. She ensured that the hundreds of students which held and rubbed the chicks each day, cared for them properly and kindly. I am sure we tested her patience at times, spending our entire lunchtime in the lab peering in at them! She also tended to the precious cargo during the weekend and in her spare time, which we are extremely grateful for.

Overall, having these cute, fluffy chicks in our school for two weeks created a great atmosphere and allowed every student to get a taste of the hard work and rewards of caring for farm animals. It was without doubt one of the highlights of my Transition Year. Jane O'Callaghan, TY



### Choosing Chemistry

Chemistry has always been an aspect of science I have had an interest in, from the interesting concepts to the dedicated teachers, I have always had an interest in learning more. In the junior cycle I learnt about all three sciences but chemistry piqued my interest. I got a taste of chemistry as a stand-alone subject in TY for a short period of time and knew I wanted to select it as one of my senior cycle subjects. This year I got to experience a full year of chemistry and although the calculations can be challenging, my favourite part has to be taking part in experiments and seeing the real life applications of chemistry in today's world. The subject is tricky at times but with hard work, patience and perseverance chemistry has allowed me to gain a deeper understanding of the world around me. When things get tough I "think like a proton and stay positive" I highly recommend studying chemistry in senior cycle. Orla Madden, Lyrical Manuel, 5th year chemistry students 2021/2022

### Choosing Physics

Going into 5th year was daunting and choosing the subjects I was going to sit for leaving cert was a big decision. Looking back, I am delighted to have chosen to study physics. Throughout the year we investigated familiar concepts from the world around us and investigated the theory behind them.

Just a fraction of what I learned this year was why different lenses aid unique visual impairments, how mirrors really work and the science behind the launching of a rocket. We investigated fascinating wonders like the bending of light and the travel of energy as waves. People are usually surprised to learn that many magic tricks are just physics in action! I've really enjoyed exploring this subject that has opened my mind and encouraged curiosity. Tara Lyons, 5D.





# Eolaíocht - Science



## Kefir4All – Citizen Scientist Research Project with Teagasc

Kefir4All is a citizen scientist research project run by PhD students based in Teagasc, Moorepark. A citizen scientist is a member of the public who participates in collecting and analysing data from a scientific project. Christ King put forward a group of ten highly committed students to carry out active research as part of the project for five months. The aim of the project was to investigate the growth of different microorganisms and evolutionary changes within the water kefir grains throughout a fermentation period. Each student fermented their kefir grains in many different environments. This was a massive undertaking for all involved, as fermentations had to be changed every 2-3 days for the entirety of the five month project. Samples were collected monthly and are currently undergoing laboratory analysis.

Throughout the project, a leader board was created and shared amongst all schools and citizen scientists taking part. Christ King topped the leaderboard frequently throughout the duration of the project, leading to each Christ King student becoming an ‘expert fermenter’. This accomplishment highlighted the dedication and hard work that each student put into their own part of the research.

Students involved had the amazing opportunity of visiting Teagasc’s research facilities down in Moorepark, Fermoy. Here, students had the chance to see areas of research that are currently under development, such as 3D printing, robotics, flavour and aroma chemistry and DNA sequencing. This trip was organised as a thank you from Teagasc for the commitment that our students gave to the project. Not only do all students come away from

this project with their contributions being published in a PhD research paper, they also come away with valuable knowledge that they can take with them as they continue to enhance their learning of Science and Technology.







# Second Year Class Photos

2A



2B



2C







# Second Year Class Photos

2D



2E



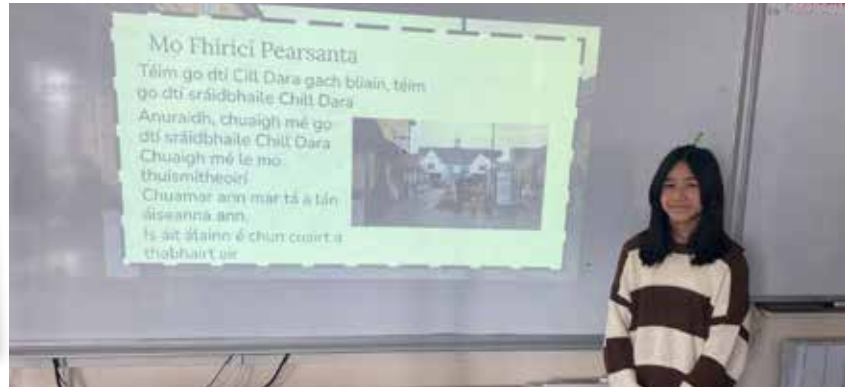
2F



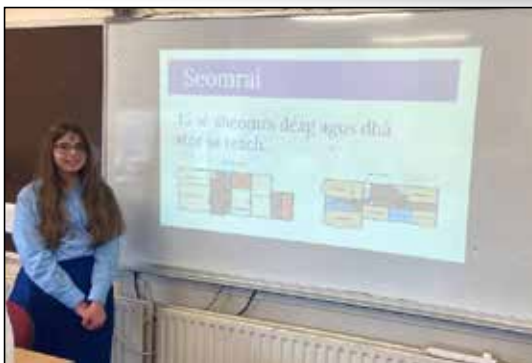




# Ag Foghlaim sa Rang Gaeilge



Rinne daltaí ón gcéad bhliain cuir i láthair iontacha agus rólghlacadh sa rang. Rinne siad taighde ar áiteanna agus tithé difriúla in Éirinn. Maith sibh, a chailíní.





# Gaeilge



## Céilí

Thank you to the PE department for organising and managing the annual Céilí this year. We welcomed students from Críost Rí to the school and great fun was had by all.



## Seachtain na Gaeilge 2022

Rinne dream na h'idirbhliana Comórtas Póstaeir agus Síoraí Spraoi don chéad bhliain le linn Seachtain na Gaeilge. Chothaigh siad cairdeas idir na daltaí nua sa scoil agus na daltaí sinsireacha. Bhain an-chuid oibre le físeán ceolmhar beomhar a chruthú agus go raibh maith agat le Ms. O'Neill as sin. D'eagraigh na daltaí na himeachtaí chun an Ghaeilge a chur chun cinn lasmuigh den seomra ranga. Bhain daltaí na céad bliana taitneamh as tráth na gceist agus ceol trí Ghaeilge sa seomra ranga. Comhghairdeas le lucht na h'idirbhliana a d'eagraigh seachtain iontach dóibh.



## Portrait Artist of the Year

Sixth year student, Aimee Coleman took part in the very prestigious Portrait Artist of the Year on Sky Arts. Amy did herself proud and is pictured here with her teacher Ms. Spillane, receiving a gift from the Board of Management in recognition of her work.



*Aimee Coleman of leaving cert receiving her gift from the Board of Management in recognition for competing in the final of Sky Arts Portrait of the Year, pictured with her teacher Ms Spillane.*





# Mata agus Uimhearthacht – Maths and Numeracy

## Numeracy in Our School

### CKSS Numeracy Problem Solving Quiz Winners 2021/2022:

The CKSS Numeracy Team create monthly problem-solving quizzes, affording students the opportunity to use their lateral problem-solving skills in answering the various numeracy puzzles. Below are the students who won the monthly competitions.



Berta Vauleva



Daniella Nwaedozi



### Numeracy and Hopscotch!

Ms. McGinley influenced by her Numeracy and PE skills, created a whole school hopscotch tournament this year. It was a very competitive few weeks. We believe in love, laughter and learning in our school, and so it was not surprising the students thoroughly enjoyed this game. The finalists included Clodagh Moore, Nia O’Kane and Mr. Wiley. The overall winners were Niamh Barker and Martha Scully. This game which has been around longer than you or I ☺ Well done to all involved.



## Maths Olympiad

The Board of Management acknowledged the great achievement of Ayushi and Kate in representing Ireland at the European Maths Olympiad in Hungary.







### Creative Engagement 2021 supported by the NAPD

The TY special topic art class worked with Ceramic artist Sarah Roberts from November 2021 until May 2022 on a collaborative project. The students chose the theme "Growth" and designed a tree and leaves that represented their enthusiasm for learning and making connections in Christ King School. Over two hundred leaves and coils were executed by the students during this period.

The leaves were created using various techniques and themes and vary in decoration and in scale. The creation of this ceramic mural and the individual creativity expressed in each leaf and coil will create a beautiful art work on entry to our school. In addition, the words the students choose to put on some of the leaves about their school demonstrate the positive experience they have in Christ King School. The installation of this work will commence in August and we are looking forward to sharing it with the school community. Above are some leaves that will make up the mural.

Vicki Hurley



### School Journal Cover Design

Congratulations to the students whose designs were chosen for the front and back of next year's student journal. We think the images represent who we are as a community in Christ King and we are delighted that the students involved showcased the positivity few work hard to promote.



In The Graphics Classroom







# Sa Seomra Ranga - In The Classroom in Christ King – Striving for Academic Excellence



## Content and Language Integrated Learning

Christ King was proud to pilot an introduction to CLIL methodology (Content & Language Integrated Learning), where Fair Trade was taught through French. TY students learned about the difference between Language Teaching and CLIL Teaching, how to solve one-step equations in French, and discussed what breakfast looks like around the world. CLIL improves motivation and knowledge in both the Modern Foreign language and the subject as well as cognitive skills such as higher-order and critical thinking.



## French



French Nursing Home

French students researched Francophone countries and entered the AIPLF competition to raise awareness of French speaking countries. Second years got to know their penpals in France, sent cards to nursing homes in France and tried beautiful French crepes to finish off the year.



First year French students were researching Francophone countries and presented their findings to the class and in poster format. Students have entered a competition ran by AIPLF, to raise awareness of French speaking countries.

French Crepes



French Penpals







# German



Selfie Surprise

Well done to Harini who reached the final of the Deutscholympiade. Her entry was highly praised by the judges. German and Austrian international students worked with younger students both on language and culture. They learned about traditional foods, celebrated Easter and tasted delicious Mozartkugeln from Austria. First year students completed their 'Mein Ich Buch' and 'Selfie Surprises'



1st year German playing board games Deutscholympiad



Mein Ich Buch



German Class International Students

# Home Economics



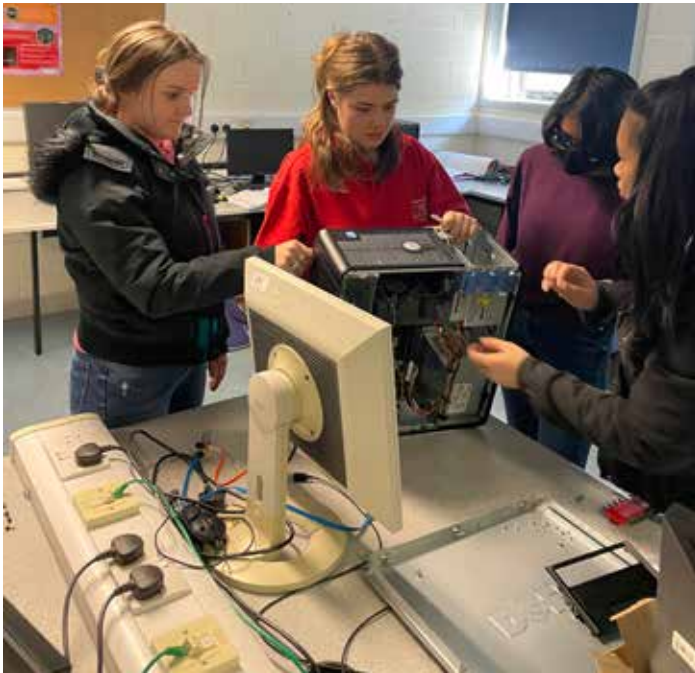
Home Economics students were busy all year making seasonal treats, teasing the rest of the school with smells coming from the kitchens.





# Computer Science

Computer Science students had the opportunity to learn about the inner workings of their computers.



*5th yr Computer Science class learning the theory behind systems and the electronic components behind how computers function, an old desktop tower that had been meant for recycling became available for investigation*



# History



In March, we were delighted to welcome archaeologists from the School of Irish Archaeology to work with the Junior School. The students learned about the organisation of an archaeological dig, and how archaeologists use the evidence found to create a picture of the past. This hands-on activity brought the history course to life in a very real way.



First year students, Lauren Downing and Íde Lane collected their first place prize in the Cork Schools' Heritage Project in February. They researched and presented on Cork Tramways and Councillor Kieran McCarthy praised the girls' imagination and hands-on approach to the research and display. Well done to them both.





# Business



# Maths



Easter Egg Battleship



Numeracy in everyday life photo competition winners Ailbhe O'Flynn (left) and Ciara O'Driscoll (right).

# P.E.



Movement Morning



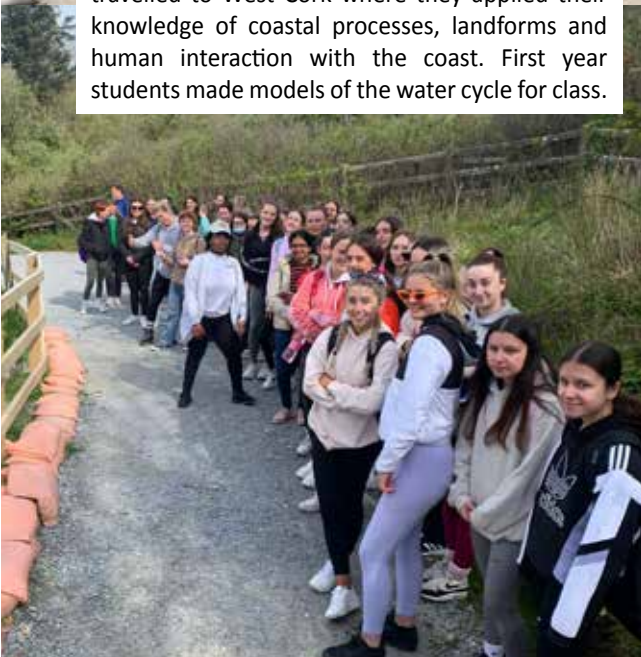




# Geography



Fifth year and sixth year geography students travelled to West Cork where they applied their knowledge of coastal processes, landforms and human interaction with the coast. First year students made models of the water cycle for class.



Geography Leaving Cert students partaking in their Geographical Investigation on Coastal Transportation and Deposition down in glorious Garryvoe East action based learning with students questioning and hypothesising on their results



Some first years taking great pride in their physical models of the water cycle. Turning concept into physical models building on spatial and conceptual learning skills.







## My Experiences in the classroom

*Everyone in Christ King has an important role to play in the academic achievements of all our students. Our Deputy Head Girl, Veronica Howells, spoke at Leaving Cert Graduation about her experiences in the classroom in Christ King.*

Good afternoon Ms. Long, teachers, and of course the graduating class of 2022. It is my pleasure to speak to all of you here today at our final assembly. We arrived here only six short years ago, and now it's already time to leave. On this day we honor the memories, we honor the past, and we look to the future.

I look out here now and can't quite believe our time in Christ King has come to an end. How did it all go so fast? It feels like only yesterday that we were the small little first years rushing to class, much too eager, often in our seats five minutes before the bell rang, or generally just roaming the halls looking clueless to all the older years. I think of the times we would forget our keys to our lockers and the relentless "Miss, can I go ask Tom to break open my locker?" The idea of not having a book for class felt like a worthy cause for expulsion.

By second year, we finally began to get to grips with things, no longer being the youngest in the school. Third year brought its challenges with the dreaded Junior Cert and this new foreign concept "CBA." I distinctly remember freezing in front of my second year English class while presenting my C.B.A project and having to ask my very kind English teacher Ms. Knight to allow me to try again the following day. I'm hoping that doesn't happen during this speech.

But we did survive the Junior Cert. We put our heads down and tried our best and came out on the other side excited and ready for transition year. Although TY came to an abrupt end with many of us missing out on a French Exchange or a trip to Krakow, I'm sure we'll somehow manage to make up for these missed events in our many years of freedom ahead. Besides, we were still lucky enough to perform such an amazing musical - "Rock Around the Clock" starring Katelyn Leahy who did a fantastic job as Elvis, and then of course Katelyn Ahern who was stage manager, working backstage with Ms. Long McDonagh, Ms. Creedon, Ms. McGinnley, and Ms. O'Flynn Doyle.

I am so grateful for all of the incredible experiences I had in Transition Year from the amazing trip to Ballyhass, to visiting Dáil Éireann and meeting Micheál Martin to watching The Sound of Music in the Bord Gáis Energy Theatre in Dublin. I know none of this would have been possible without the brilliant Ms. O'Leary who helped and encouraged each and everyone of us to engage in and avail of every activity available to us throughout the year.

Come 5th year, everyone was wearing masks and each table was a meter apart. It was certainly a strange experience and I know that during the second lockdown at the beginning of 2021, when we were learning from home, many of us struggled to find the motivation to switch on our laptops and engage in online classes everyday. I remember having a moment when I joined Biology class one morning and found myself sat staring at a screen learning about Monera and wondering how did my life possibly get this boring?

However we got through this difficult period and came back stronger than ever. While the trips and activities of transition year and the online learning aspect have been a big part of my time in Christ King, I also have very fond memories of the day to day school life we have grown accustomed to here. Of course the past two years have had their ups and downs with exam stress and preparation, but a few meltdowns aside, they have also been two incredible years of growing, maturing, and just having fun. There are many aspects of school life here at Christ King that I am

going to miss - the lunch times spent chatting with friends, the tea and biscuits Ms. Spillane would kindly surprise us with during an art double every now and then, the masks breaks which after restrictions were lifted became known as "well-being walks", and Ms. O'Callaghan's motivational speeches to our chemistry class whenever the course felt like too much for us to handle.

I can honestly say that not a day has gone by without laughter, and I feel that the past year especially, we as a year have bonded together more and grown closer together than ever before. It's been an honor to be your deputy head girl for the past year, and to work alongside the head girl Holly Umeh, someone who's dedication, work ethic and resilience is something that I am always so impressed by. I couldn't have asked for a better partner to work with.

For me, Christ King is a place where I have learned valuable lessons both inside and outside the classroom, from how to get the mean of a sample population in maths - something Ms. Hayden found so exciting I remember her telling us that we'd all want to be statisticians by the time we finished the chapter, to every Elvis song under the sun from the school show, to how to plant a tree from my time spent working with the student council.

We all worked tremendously hard to get to this point but we didn't do it by ourselves. We owe a huge debt of gratitude to all those around us. To our teachers, thank you for sharing your time, knowledge and talent with us. What you did for us went beyond the call of duty. You took the time to explain things we found difficult even when it cut into your lunch times, you gave us pep talks when we needed it, you played a basketball match against us and fortunately lost.

To Miss Long, thank you for creating such an academic, caring, and inclusive environment around the school, an environment that has truly been so pleasant to enter into everyday with such a strong sense of community amongst all year groups. To Ms. O'Sullivan Ryan, you have worked tirelessly to ensure that each student lives up to their potential, have regularly checked in on each of us, and have always been there as someone we all felt we could go to if we had a problem or needed help. To Ms. Kelleher, you only became our year head in October but it feels so much longer than that. You have worked endlessly to make our last few months in secondary school as enjoyable and as pleasant as possible. You have always listened to our opinions and ideas and have taken them into account when making any decisions. Your care and dedication to your role as year head is admirable and I truly appreciate all of the support that you have given us.

Finally to our parents and guardians, thank you for supporting us in more ways than we can even count. As you can see, behind each student here today are so many people providing help and guidance in so many different ways. The best way we can show our gratitude is by making the most of every opportunity we are given and going forward into the world with the intention of making it a better place. To my fellow graduates, I would like to give you my sincere thanks for making the past six years of my life so lovely. I have so many fond memories to look back on and I'm sure the same can be said for all of you here today. Leaving today will be hard but I know that every person here will go on to achieve incredible things.

Thank you all for listening.



## An Idirbhliain – Transition Year Experiences

Transition year gives students the time and space to explore new areas, develop new skills and engage with the world in an active way. Our TY students were very busy this year; entering competitions, building new relationships and experiencing the

world outside of the classroom. A big thankyou to Ms. O'Leary, Ms. Ronan and all of the teachers who give their time to making this year such an exciting and enjoyable one.



### Certified Irish Angus Competition

At the start of the year, I chose to do Agricultural Science as one of my Transition Year Special Topic modules. I had the opportunity to enter the **Certified Irish Angus Competition**. The team consisted of Tara Swanton, Fiona McCarthy and myself. The prize of five calves instantly caught our attention and without any farming experience, we jumped at the opportunity.

The first round involved creating a video about our App, which aimed to promote health and safety on farms across Ireland. Two weeks later, we found out that we had advanced to the second round. The second stage of the competition involved a thirty-minute interview with representatives from the Certified Irish Angus Producer Group, ABP Food Group and Kepak group. We had to explain and promote our app to the judges. We prepared for the interview and thanks to Ms O'Donoghue even though the interview was nerve racking we were chosen out of thirty groups to further progress in the competition.

We were invited to the Final Exhibition in Croke Park where we showcased our project to a number of judges and experts from the Agri-food industry. The trip started with an early morning train journey to Dublin in order to prepare our stand. We were commended for our hard work and effort but we were unfortunately unsuccessful in winning the five calves!!

Overall, we as a group really enjoyed this experience and would definitely recommend next year's Transition Year students to enter this competition! Claire Herbert, TY1



TY students continuing to enhance their school environment by painting flower boxes and planting flowers.

### Your Europe, Your Say 2022

#### *The Truth about Lies - Youth Challenging Disinformation*

On the 31 March & 1 April, 2022, Aoife O'Sullivan, Ava Dolan and I represented Ireland by participating in an insightful and interesting online conference, *Your Europe Your Say 2022, The Truth about Lies - Youth Challenging Disinformation* organised by the European Economic and Social Committee.

The conference involved young people across Europe learning about and understanding the truth behind the information which we receive through the news; social media platforms; word of mouth and many other sources. It was a most informative, enjoyable and worthwhile experience.

Before joining the zoom call, we were a little apprehensive and unsure what to expect- as it was our first time interacting with students from foreign countries, who had an interest in this topic. However, when we joined, those who had organised this event were very welcoming and allowed each and every participant to feel comfortable. This gave us the confidence to speak about Ireland in front of the audience. We were even asked to say a phrase, *As Gaeilge!!* Shortly after our ice-breaker games, we got down to business, in discussing the problems in our society about misinformation and disinformation. We found this fascinating, as we learned that anybody can make a fake news story, and spread it throughout the internet. We also discovered the difference between mis- and dis- information, which truly engrossed us as we began to understand that a number of world leaders use their power to spread false information to their citizens.

We worked with students from all over Europe over a number of days to investigate, learn about and discuss the topic. At the final plenary meeting, a member of each breakout group presented their work to the Vice President of the European Commission and the European Commissioner for Values and Transparency. I found her views and opinions of misinformation and disinformation extremely interesting. I believe they really summarised what we had learned over the two days.

Overall, I thoroughly enjoyed this experience, as I learned an abundance of information, in relation to the misinformation and disinformation crisis' which are ongoing in today's society. Jane O'Callaghan, TY1



TY students Sara Griffin, Claire Herbert and Peri-Elkie Tiendioh participated in the UCC Physics Transition Year Week 2021-2022 during their mid term break. A fantastic opportunity



## An Idirbhliain – Transition Year Experiences

### Model Council of the European Union Debate

As part of the European Studies TY programme, on Thursday, 3 March, 2022, Sara Griffin and I participated in the **Model Council of the European Union Debate** representing the position of Germany. The mock legislative proposal being debated was **Migration and Migratory pressure**. We had been preparing for the event a couple of weeks prior, having meetings to discuss what we thought Germany's position would be on the matter. We then had a Zoom Meeting with a representative from the German Embassy in Dublin, Head of Mission, Ms Nancy Reck to ensure we had Germany's position and arguments correct. Her advice was invaluable.

On the day, ourselves and 26 other schools represented the 27 EU countries met online. There was a welcome address by European Commission representation in Ireland followed by an opening statement by Senator Lisa Chambers. Political journalist and author, Martina Fitzgerald chaired the debate. The first hour of the debate consisted of 1 minute speeches given by the first speaker of every member state. Sara Griffin spoke on behalf of Germany. When the initial speeches were complete, another hour was given for open debate with a limit of 45 seconds per contribution. Our team spoke many times during this hour. It was very interesting to see a debate come to life and how people were strong with their points and arguments.

I would highly recommend next year's TY students to participate in this debate as it was very interesting not just on the day but

researching a topic and getting to represent a country that you do not live in. I found it intriguing seeing what migration is like in Germany as I had not looked into this before. I am glad I pushed myself out of my comfort zone as I had never participated in a debate before. Participation in this event definitely improved by confidence. I also improved many new and old skills such as research, communication and working on emotions and speech. I don't know if I would like a career in politics or governmental work but it was a great opportunity to get a taste of what it could be like! - Arianna Murphy, TY2



### TY Trip to Chicago!!

Our TY trip to **Chicago**, the musical in the Bord Gais Energy Theatre on Wednesday, 6 April was one of the highlights of our Transition Year! Over 100 TY and 30 Fifth Year students set off on three buses from outside Christ King at 9.00am. The excitement, the laughter and the chat all the way up on the buses and the food stop at Junction 14 was great but nothing compared with the stage production of the musical, **Chicago**, particularly for those amongst us that are into musical theatre and aspire to be on a similar stage in the years to come!

Set amidst the razzle-dazzle decadence of the 1920s, **Chicago** is the story of Roxie Hart, a housewife and nightclub dancer who murders her on-the-side boyfriend after he threatens to walk out on her. Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago's

slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines, the likes of which might just as easily be ripped from today's tabloids.

Created by the musical theatre talents of John Kander, Fred Ebb and legendary choreographer Bob Fosse, CHICAGO's sassy score with one show-stopping song after another includes "Razzle Dazzle", "Cell Block Tango", and "All That Jazz". It was just magic! The singing, the dancing and the acting. Just amazing!!

Our journey back to Cork was again filled with chat, laughter and song. Of course, we stopped off for food along the route. The most important part of our trip. Back on the bus, there were moments of quietness and calm where I shut my eyes and dreamt that I was Roxie Hart performing magnificently on the big stage.

*An aspiring actress, singer & dancer from TY3.*



## An Idirbhliain – Transition Year Experiences

### Davis College Model United Nations (MUN) Conference



From Tuesday, 3 to Thursday, 5 May, 2022, ten Transition Year students joined by two Fifth Year students participated in the annual Model United Nations (MUN) Conference in Cork City Hall. The conference is organised by Davis College, Mallow.

The ten of us who participated from TY were Aoife O'Sullivan, Bahiya Al Steif, Claire Herbert, Emily Nolan, Keira Fitzpatrick, Marlene Liebendoerfer, Sara Griffin, Sarah Allen, Sophie Jones and Vennelaa Chellapuri and we were joined by fifth year students, Ayushi Mahajan and Kate Ahern.

We joined approximately 400 students from 30 schools in Ireland along with students from a school in Valladolid, Spain. We assumed the role of delegates and represented different counties and non-governmental organisations as we debated resolutions in the General Assembly, Special Conference, and Security Assembly on topics of pressing national and global importance.

We discussed and debated social, political, and economic issues that are facing Ireland and the wider world today. Topics included the Russian invasion of Ukraine, disinformation, hate speech and homophobia, domestic violence, pandemics and other pressing global issues.

Lobbying amongst student delegates commences on the first day. Students that have never met before from 30 different schools

start writing resolutions. We then merged the resolutions and submitted them to the approval panel. The approval panel then decided the best resolutions which created great excitement. The resolutions that were selected were then debated over the next few days. The students then must speak from the perspective of the delegation they represent. While we all participated Kate Ahern was certainly the most prolific contributor from Christ King!!



Participation in the Model United Nations Conference was an absolutely fantastic experience, definitely one of the highlights of our Transition Year. It built our confidence and taught us lifelong skills such as researching, listening, networking, reaching consensus and public speaking that we can apply in our future lives.

Some important advice to incoming TY students, make sure you research the country or organisation you are representing well in addition to the issues scheduled for debate prior to attending the conference. Don't be afraid to contribute. With anything, you get out of it what you put in!!

*The TY Team of DC MUN Delegates*

### Yoga Module



I really enjoyed my TY yoga experience. I chose it as my special topic because I needed a break from all the academic stress and I thought by doing yoga I would be able to relieve that stress in a healthy way.

When I first started I did find some things a little difficult but over time things became easier and I got to learn about the various yoga poses and their purposes. My favourite pose is the cobra because it really stretches my back muscles and I like that a lot and also the triangle pose for the similar reasons as it also stretches the hip muscles.

We also get a relaxation time at the end where we just take a rest and listen to some music. During this time, we get to really communicate with our bodies and it's just a great way to end the yoga session.

I highly recommend this course to other students as it is not only great for the body but the mind as well. Overall I give it an 100/10!

*Peri-Elkie TY2*





## An Idirbhliain – Transition Year Experiences

### TY Mini Company – A CEO's Experience...

Hello, my name is Caoimhe Russell and I was lucky enough to be appointed the CEO of our class's mini company, **TY2 Disco Crew**. I loved every part of being CEO, especially being able to work with my class and come up with new products for our Christmas Trade Fair and Mayfair.

At the beginning of the year, our mini company held a Halloween themed table quiz for all the 2nd year students in the school. This event was a massive success as it ran smoothly and the winners of the quiz got prizes which made everyone happy all round. This table quiz started our mini company journey off on a positive note and got us motivated heading into the main event of the year, Christmas Trade Fair. It also provided us with additional seed capital to purchase materials for Trade Fair products.

The weeks leading up to the Trade Fair were just as good as the actual day. There was a great atmosphere in the TY block as everyone was in high spirits and the competition was immense between the five class based mini companies – **TY1 Moon & Sun**, **TY2 Disco Crew**, **TY3 Hawaii**, **TY4 Seashore** and **TY5 Starry Skies**. Our mini company created scrabble frames as our main product. They were a huge hit, especially amongst the younger year groups in the school. The Trade Fair was definitely one of the highlights of TY. It was so much fun and really brought us closer together as a class. Everyone worked well as a group and collaborated to create the best mini company stand we could. Our hard work paid off as we won overall best mini company, which was a great way to end the day. Even though the Trade Fair was a great day, Mayfair was just as enjoyable. We set up our stands and products outside and were thankful that the rain stayed away. All the different year groups and teachers came down to buy products and food and it turned out to be another excellent day. The whole year together raised lots of money for charity as well, which was a massive plus to the whole experience.

Overall, mini company was a great opportunity to have had in TY. Besides being lots of fun, everyone got to learn new skills and try out different roles which they mightn't have been able to do otherwise. I enjoyed every minute of mini company and wish I could do it all over again! - *Caoimhe Russell, TY2*





## An Idirbhliain – Transition Year Experiences

### Musical Theatre Module



This year for the first time, musical theatre was available as a TY module.

Once a week we spent a double class learning different dances and songs from different Broadway and West end productions. We had the opportunity to take part in the Light Entertainment Festival Competition. We had to put together a fifteen-minute-long production including dancing, singing and acting. We choose to do Legally Blonde. There were fifteen of us who took part in

this. People auditioned for the main roles and the rest of us took part in the choruses. It took a lot of commitment and dedication because as well as musical theatre classes in school we had to stay after school for more practice. We had the opportunity to perform in front of the different year groups and school staff.

This was good preparation for the competition which we travelled to in Fermoy.

The first round went amazing which meant we were through to the finals. After more rehearsals we were ready for the big day. We travelled to Fermoy once again to compete against the top ten schools from around Ireland. Our performance went great and we were delighted when we won best choreography.

Overall, I'm delighted this module was available to us this year. Taking part was one of my highlights from TY and I would urge as many people as possible to take part if this module is available again. It was an amazing opportunity for people involved in performing arts to get to represent the school and show their talents. It wouldn't have been the experience it was without Ms. Feeley. She made sure to include everyone and take on board everyone's opinions. With her experience and dedication, she helped us create a really high quality performance and provided us with the best possible introduction to musical theatre.

*Ciara Naughton, TY*

### STEM Passport for Inclusion Initiative

Last year 25 of our Transition Year students embarked on a new initiative, the **STEM Passport for Inclusion Programme**. Microsoft Ireland and Maynooth University joined forces in a first-of-its-kind collaboration to address digital inequality in education and increase the number of girls engaging in Science, Technology, Engineering, and Maths (STEM) subjects. The collaboration was designed to further strengthen Ireland's future talent pipeline and reinforce the country's digital leadership. The Lab Days were hosted by young professional women with careers in STEM. Not only were students provided with training in Computer Science related areas, they were also given valuable information and advice on STEM related careers.

Many students who never thought of a career in Computer Science or other STEM related fields are now giving serious consideration to such third level courses and careers. Other students who previously thought they would love a career in Computer Science have discovered that such a field of study may not be for them!

In addition to the three lab days, Students also had to undertake independent learning assignments. One of our students, Peri-Elkie Tiendioh's independent learning projects, exceeded all expectations that the programme facilitators asked Peri to undertake a special recorded interview with them.

On Friday, 13 May, 2022, our TY students received a special **micro-award in 21st century STEM Skills** presented by Professor Maggie Cusack, MTU President. The award is valued at 50 additional CAO points which students may use to access selected STEM courses in Maynooth University and Munster Technological University. The number of universities accepting these points may increase.

This is the first award of its kind in Ireland and it is believed it will pave the way for future generations of Women in STEM! During the last academic year, places were limited to 25 students from

Christ King and many TY students were disappointed not to have acquired a place. Next year the programme will be available to all TY students in our school.

The students who participated in the programme really enjoyed and benefited from the experience. For many students, the **STEM Passport for Inclusion Programme** was the highlight of their year!

Finally, we would like to sincerely thank personnel from Microsoft Ireland, Maynooth University, Munster Technological University and the RDI Hub Killorglin for providing our TY students with a most beneficial, interesting, professional and enjoyable experience.







# TY Class Photos

TY1



TY2



TY3







# TY Class Photos

TY4



TY5



T.Y. work experience gaelscoil na du glaise



T.Y. Develop Me workshops





# Ár dTraidisiúin Toirbhearta - Our Presentation Traditions

## Third Year End of Year Liturgical Ceremony

The 3rd year Liturgical Ceremony took place on Thursday 27th of May to celebrate students graduating from Junior Cycle. A sincere thank you to Fr. Billy for concelebrating a meaningful prayer service and to Ms. Creedon for coordinating the spiritual ceremony. The students attended morning mass in the Parish Church of Christ the King, where they celebrated with the

community. The Student Leadership Team played a significant role in this celebration by representing the students from each base class.

They then returned to school to continue the celebration together as a year group.



## Céiliúradh Ceist

The first inaugural Céiliúradh Ceist was held in schools nationwide on 1<sup>st</sup> February this year. Its purpose is to celebrate and promote awareness of all the work being done in Presentation schools around the country.



## Communion Cards

TY students designed Communion Cards for students at Bunscoil Chríost Rí to mark their special day. We are all one parish, one community.



## Sr. Mary

We are blessed to have the love and care of Sr. Mary watching over us all in CKSS. Sr. Mary made her first visit in two years and we were delighted to see her. She is standing here in front of a painting of Nano Nagle that she gifted to us in 1983. It hangs in our staffroom, reminding us of our Presentation Tradition.





# Ár dTraidisiúin Toirbhearta - Our Presentation Traditions



## Eid

First year student, Seba Annassar, presents Ms. Long with chocolates to celebrate Eid.



## Ash Wednesday

Ash Wednesday and the season of Lent is always marked in Christ King. The Meitheal Team attended morning mass in Christ the King Church, and were entrusted with bringing ashes to the rest of the school community. The students were encouraged this year to take up something positive for themselves and others, rather than focus on sacrifice. We have sacrificed and lost much over the last two years. Now is a time to care for ourselves and our communities.



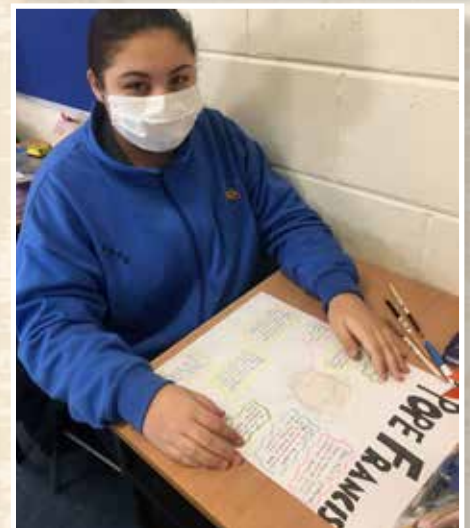
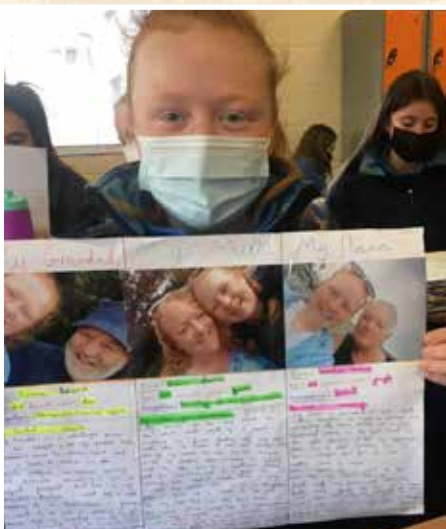
## Catholic Schools Week

For Catholic Schools Week, first year students researched a person who created a positive change in the world.

## In the Religion classroom



2nd yr RE students presenting their CBA on a "A Person of Commitment". There was some wonderful research on those who dedicated their lives to positive action, good deeds and strong values.







# Third Year Class Photos

3A



3B



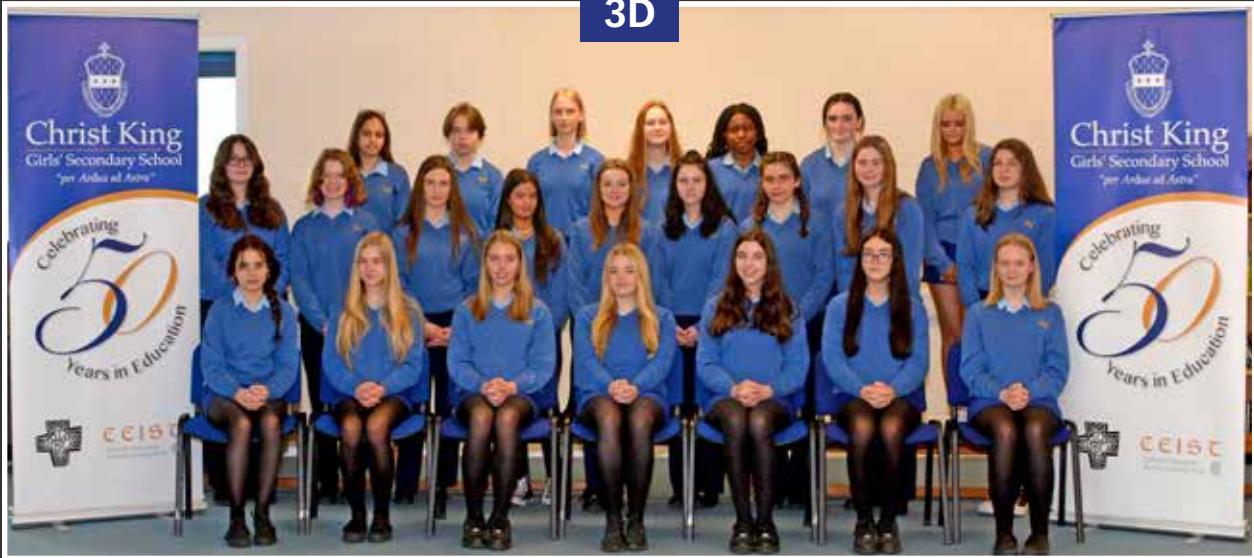
3C





## Third Year Class Photos

3D



## Litearthacht i Scoil Chríost Rí na gCailíní - Supporting Literacy in CKSS



### World Book Day

World Book Day was a big celebration in school this year. First year students took part in a table quiz and prizes were awarded for the best costumes on the day. Great fun was had by all and well done to all the winners. Thanks to Ms. Angland for all her hard work.



### Book Club

Book Club was a big success as a lunchtime club this year. Many fun activities were organised by Ms. O'Farrell and Ms. Barry Murphy. They held their final meeting of the year in May. Every Friday, with very few exceptions, the dedicated members gathered in the library at lunchtime on Fridays to read, discuss and chat about books, literature and writing. From Agatha Christie to Stephanie

Meyer, few writers escaped our attention! The Book Club would like to thank Ms. Long for supporting them, and they look forward to next year, when their loyal membership can regale each other with descriptions and recommendations of exciting books read over the summer break!





# Litearthacht i Scoil Chríost Rí na gCailíní - Supporting Literacy in CKSS

## Cúinne na Filíochta - Poetry Corner

### The Solar System

Today we will be presenting our solar system,  
Our solar system indeed,  
We will call out the eight planets,  
So listen carefully as we proceed.

Mercury is here as number one,  
Smallest and shortest,  
It's closest to the sun.

Venus also known as the goddess of  
Love and beauty,  
Takes her place second  
And fills her duty.

Earth, our home planet, is a world unlike any other,  
The only planet known to harbour life.  
This planet is our mother.

Only larger than Mercury,  
Fourth closest to the sun,  
Here comes Mars,  
Oh, what fun!

Make way, make way,  
The gas giants have arrived,  
Jupiter with its many moons,  
Saturn's rings swinging with the tune.

Two latecomers stumble in,  
Uranus and Neptune,  
Both well-dressed in blue,  
Let's go and watch them spin.

And oh, what's this?  
One surprise guest,  
Pluto the outcast,  
Who would've guessed!

Once a planet,  
Now a reject,  
Let's wrap this show up!  
We hope you liked our project.

*Amal Shahid (2A)*

### Shall I Call You Dracula Instead?

My darling Ephemera,  
Had I not indulged in my greeds,  
I never would have seen you,  
As beautiful as a rose picked from a party of weeds.

Your false-red petals I had ignored,  
Holding you delicately to avoid the thorns,  
In vain, for I had never before bled  
As much as I did during our storms.

Maybe that was what fuelled you,  
When the hurricanes came from simple mistranslations,  
Your petals' rich red deepened as Stoker sat on my shelf,  
My woes, your pigmentations.

As I played Atlas, you drained my colour and blood,  
Feasted off of my fondness and care callously.  
But I wasn't always a lovelorn poet,  
It wasn't all such a Greek tragedy.

For what was sweeter than the anguish that ensued  
Was the pain that came with at least having you,  
So I find I can't help but sugar-coat lemory memories,  
As I hold on to the saccharine days of our debut.

*Nicole Rohan 3rd Year*



Congratulations to Nicole Rohan 3A, who came third place in the PDST 'National Write a Poem Competition', for her poem; Shall I Call You Dracula Instead?



# Saoránacht Ghníomhach - Active Citizenship

## Gaisce

Gaisce or 'great achievement' is a self-development programme for young people between the ages of 15-25 and has been in existence since 1985. The Awards initially flourished under the patronage of former President Patrick. J Hillery and to date and have been carried by incoming Presidents. To date over 300,000 young people have participated in the Gaisce programme. At Gaisce the main aim is to ensure they have a programme which fits the needs of every young person who wishes to participate in the

Gaisce programme and to give each participant the best possible opportunity to do so. We believe in the ability and resilience of young people and through the Gaisce programme we want them to nurture that ability and to realise their full potential.

Gaisce is driven and motivated to follow and adhere to core values set out by its staff and council members. They are committed to ensuring these core values are embedded across all areas of their work, and in their practice and processes.

## Gaisce Trip 2022



On the 9th and 10th of May, a group of over twenty Transition Year students, and our accompanying teachers, ventured to Kerry for our Gaisce trip. This was one of the challenges we had to complete, in order to achieve our bronze award, an award given by the President of Ireland. Over the course of these two days, this group completed a 25km walk, which tested our stamina, endurance and patience! The first day consisted of an 18km walk, from Killarney to Kenmare, via The Kerry Way. Personally, I never imagined the walk being as tough as it was that day. The rain was never ending, and so were the mountains, over which we trekked. Only half an hour into the walk, it felt like we were wearing wetsuits! As a group, we continued to set a quick pace, pausing only once to take a break. Everyone just wanted to reach our accommodation as quickly as possible. With the help of our friends, our teachers Ms. Lynch, Ms. Kelleher and Ms. Quilter, and our guides for the walk, Sam and Miguel, we managed to complete a 7 hour walk in 5 hours! It was exhausting, but that's not to say that we didn't laugh. It was funny to realise how much we all missed civilisation after only a couple of hours. We all cheered once a car and footpath finally came into view! The sense of achievement we felt after completing the walk on that first day, and finally being able to reach our houses and relax, was unbeatable.

Thankfully, the houses that we stayed in overnight were luxurious, and made up for the hardships of that day. We all raced for the showers immediately, when we got the keys to our houses! The opportunity to go to the shop to buy food was also presented to us, since we cooked our own meal that evening. It helped that the houses had a fireplace, a flatscreen television with Netflix, and comfy couches and beds. The girls in my house all cooperated in making pasta with pesto and garlic bread, and we had plenty of choices of desserts after the strenuous walk! A cosy night in was just what we needed, to revive our spirits for the next day. The dryer was working all evening attempting to dry our muddy, soaked shoes before the next morning!



The next morning, the weather was definitely much more in our favour. We woke up at around 7am to get packed and ready for our final 7km walk. This walk included a walk to Templenoe Pier via The Kerry Way. Our feet were sore that morning, but we made sure to properly stretch before our walk, something that we had all laughed at the day before! The ground was like a marsh after the rain, but we took plenty of breaks this time and we got to take many photos! The walk was much more pleasant, and I felt the time fly by. It was early in the afternoon that we reached Templenoe Pier, and we were all grateful that the bus driver was there and ready to collect us.

We said goodbye to Sam, our guide, who had accompanied us throughout the two days, and soon we were on our way home. In my opinion, this trip was one of my highlights of Transition Year! Even though the walk was incredibly arduous, we made some unforgettable memories and overall, had so much fun with our friends. It was a great help to have all of the accompanying teachers with us to help us across this journey. Thank you to Ms. Lynch and Ms. Hickey for all of the hard work that you've put into organising Gaisce for us this year, and to all of the teachers who looked after us so well in Kerry. It's a trip that I'll be telling everyone about for years to come.

*Ava Dolan TY*





## Saoránacht Ghníomhach - Active Citizenship



Bronze Gaisce Awardees



We are proud of our students Grace O'Toole, who represented Comhairle na nÓg in the Department of Education, and Mary Kennedy Osubor, who represented the youth of Ireland in Dáil Éireann and the issue of climate change.



### Europe Day

On Europe Day this year, 5<sup>th</sup> year students took part in a video conference with a school from France. They discussed European identity and the importance of languages and history of Europe.



### Silver Gaisce Award

In May 2022 I received my silver Gaisce award, to do this I carried out three activities over 26 weeks. My three activities were baking, coaching and camogie. I feel I learned a lot from this activity, I learned to really enjoy baking and took a keen interest in cake decorating which I have really improved in. I took great pleasure in coaching and watching the girls show great interest hence improving their skills week by week which made me very proud of them. In camogie I feel I have greatly improved my confidence and skill and became a better team player. I think participating in Gaisce has improved me as a person and has shown that if you stick to something you will succeed.

*Susan O'Donovan 5th Year*



Rayaa Ponnle was selected by the Eurochild Childrens' Council to represent Ireland at the European Parliament in Brussels to discuss childrens' rights across Europe. Well done Rayaa.





# Saoránacht Ghníomhach - Active Citizenship

## Why YOU should join Politics

To all the people reading this article, who know me and also who don't know me, I have this very immense passion for politics. A passion of not a majority of people especially young people, from what I can tell. Well, this was me before I came to Ireland.

Not so long ago, I was like most young people, totally uninterested in politics. But all that changed when I arrived in Christ King Secondary School and was introduced to a youth organisation called 'Comhairle na nOg' (Voice for the young). Comhairle provides young people from the ages of twelve to eighteen, a platform for airing their views on a wide range of issues affecting them, both on a local and national level. Some people also like to call it "baby politics". Soon after joining, I was elected to the National Executive of Comhairle where I now represent the interests of the Cork city branch.

Previously I used to absolutely hate politics and literally every single thing about it! Yes! That was me! Mainly because I come from India and if you have ever watched an Indian news channel, you know what I am talking about. There's a whole game of thrones going in Indian politics and with my immensely patriotic heart, I actually mean it.

Being a part of the National Executive team, I was offered the opportunity to take part in a panel discussion on the following topic: "How can governments and parliamentarians all over Europe ensure child participation during times of crisis such as war displacement, climate change, pandemics and migration?". Considering that young people are the most vulnerable victims in every crisis and the fact that we have no say in matters that affect our future is most concerning.

It was not a local event, not even a national one, but a European event! It was the Council of Europe Conference and Ireland being a part of it, held the presidency this year. The panel discussion was to be an integral part of the Conference which was being held in Cork from 23-25 May, 2022. The conference was in partnership with 5 other countries as well – Czech Republic, Slovenia, Iceland, Portugal and Finland.

So, as you can probably make out, this was definitely quite a big deal! My whole body was shivering and sweating as I walked into the very fancy hall - Aula Maxima in UCC which was full of adults and only ADULTS! My mom certainly did not help matters by whispering in my ear, "Oh dear, I think you're the youngest person in the room." Hell yeah, she was right!

The thought of being the youngest person in the room was eating me alive. However, I reminded myself of my purpose as I began to interact with reporters, researchers and youth workers from the 5 participating countries. Surprisingly, this aspect of the conference was a breeze! But, all too soon, it was time for the panel discussion.

My name was called out first and I was the first panellist to introduce myself on stage. (Haha, lucky me!) I expressed my deep passion for politics and the democratic system, while also sharing my experience of migrating to Ireland during the pandemic which was extremely challenging. I ended my address on a serious note: "You may not care about politics, but politics cares about you." After which the audience went into a roar of laughter and applause which really helped me to stop shaking.

The introductions were followed by many intriguing discussions on a variety of questions: Why are young people the biggest

victims in a crisis? How can this be solved? Will reducing the voting age solve this problem? How can schools ensure child participation? How can adults motivate and help in the process of ensuring and promoting it? Why is child participation necessary? Followed by conclusions from all the panellists.

Much credit is due to Professor Ursula Kilkelly for moderating the three-hour long panel discussion but her task was made all the easier by the amazing panel and wonderful audience gathered that day in UCC.

It is fashionable today to describe Politics as a swamp. For many it has become nothing more than a vulgar spectacle of deceit, ambition and opportunism. Today, the fact is that it is increasing at a concerning rate amongst the youth, the future. This is what makes it concerning. What do we see happening in the digital world? Social media drives politics. But why? Isn't politics something that is done through direct and traditional ways of participation?

Well, it has taken a different turn in the 21<sup>st</sup> century... Teenagers have been using social media and ONLY social media to express themselves and issues that affect them and the world. At the end of the day, it might become the most trending hashtag on Twitter but quite sadly and inevitably, doesn't solve the issue and never will.

Today, the issue we are tackling is the lack of trust young people have in politicians and the political process. It is increasing at an alarming rate and this is why we must take action now. I can understand this because this was me earlier but my ideology changed when I started seeing that the dynamism of young people can completely turn things around. There are innumerable examples of this all over the world. Look at Malala Yousafzai and Greta Thunberg. They turned things around by taking action towards issues that affected theirs as well as the lives of others.

The youth should always be in a position where they are able to influence and act on things that affect them as well as their future. I was able to share my views and the difficulties I had faced only because of the very influential and deep-rooted culture of democracy practised in Ireland, because of Politics and you can too.

Again, I would end this article by paraphrasing Leon Trotsky, whose words might put Politics in the right direction for you.

"You may not care about Politics, but Politics cares about you."

*Akshita Gupta, Second Year*





# An Timpeallacht agus Inbhuanaitheacht – The Environment and Sustainability



Transition year students worked hard to improve the school environment for everybody this year. It is important for learning and for wellbeing that the school is an enjoyable space for everybody.



## Green Schools

Our committed and dedicated Green School Committee was awarded our 6th Green Flag earlier this month. Our Global Citizenship Litter and Waste Flag was awarded after 3 years of hard work, raising awareness about Fast Fashion, attending Intergenerational Conferences on Climate Change, carrying out litter picks and taking part in a city beach clean. We hope that the work of the Green Schools committee will continue to encourage others to live more sustainably.



## Reflective Garden

Every year the Student Council takes on a project to improve the student environment. Successive councils have left long lasting marks on the school campus that the whole community can enjoy. This year the student council worked to create a reflective garden as part of our new reflective walk. This will be a quiet place to sit in nature and take some space from busy school life.



First year students Alannah and Leyla received an invitation to attend a “Generation Change” podcast workshop in MTU in partnership with Corks RedFM. Alannah’s slogan, “Go Green, Be Clean, Don’t Refuse, Reuse” was selected as a winning entry by Red FM and sustainability experts.







# An Timpeallacht agus Inbhuanaitheacht – The Environment and Sustainability



Fifth year student Jane won a National STEM photo competition with Mary Immaculate College. Her winning photo, "Christmas Snack For The Swans", highlighted the nutritional value of vegetables for swans.

Jane won a £200 voucher for Shaw's Scientific, which she donated to the Science Department. Many thanks Jane for your generosity.



Peri Elkie and Ria Rose took part in the Eco Unesco Eco Den. They designed an app to identify clothes produced sustainably, striving to educate and increase awareness of the damage of fast fashion.



TY and 5th year LCVP students learning about the impact of fast fashion and how to upcycle and reuse clothing.

## STOP, and think

Poem- by Amal Shahid

Stop, and think for a moment,  
Is littering really an option here?

Your about to throw away the wrapper you just ate from,  
Not giving a second thought to the consequences of that  
one wrapper.

People believe that their individual actions will not harm  
society as a whole.

But can't they see that they are in control?  
Littering along the road, on the streets or by the litter bins,  
And that's how the laziness begins.

But stop! And take a moment to think,  
Here's a thought that you should bethink  
Don't litter and waste,

Amal Shahid won the poetry competition run by the Green School's Committee this year. Well done Amal.



Amal Shahid 2A





# Ceartas agus Freagracht - Being Just and Responsible



On the 15<sup>th</sup> of March 2022, our 5B class organised a bake sale to raise funds for Ukraine, along with our class teacher Ms. Marynowska. We held the bake sale in the assembly hall, which we decorated with many posters. We also held a raffle in order to obtain extra funds for Ukraine. We raised a total of €2,548.11 which was then used to support the people of Ukraine. This was an important event in our school, for we raised vital funds while also bringing together our school community. Niamh Barker, 5<sup>th</sup> Year.

First year student Daisy Duggan and her sister Ruby fundraised outside of school and contributed to Christ King's support of the Irish Red Cross in Ukraine. Well done to both girls.



Lots of Socks day in support of Down Syndrome Ireland in March was a great success. Well done to all who organised this event and those who took part.



On Friday 28<sup>th</sup> January, the TY students got involved with collecting for the Irish Cancer Society. Daffodil Day is a very important day on the calendar for this organisation. All funds raised go towards the development of life-changing cancer research, as well as vital cancer support services to patients and families.





# Ceartas agus Freagracht - Being Just and Responsible

## International Women's Day

International Women's day was marked in a number of ways this year. First year and fifth year students coloured and drew inspirational women. TY students engaged with the MTU Empowering Women Event with past pupil Dr. Susan Bullman. Ty and Leaving Cert students attended talks on women in engineering given by past pupil Dara Brady and her colleague Lauren from PM Group. Marking the contributions and achievements of women, while empowering them to reach their potential goes all the way back to the foundation of the Presentation Order by Nano Nagle. Christ King has always been at the forefront of subject choice for girls, inspiring our students to take whatever path they want in life.



*Our TY and LC students engaging with a most interesting and beneficial presentation on Careers in Engineering given by past pupil Dara Brady and her colleague Lauren from PM Group on International Women's Day and during Engineers Week*



## Fifth Year Art Tours

The Art Department has enjoyed bringing students to various exhibitions and cultural events in Cork during the year. These experiences help enhance the students' learning and promote their cultural awareness.

In December the 6th Year students visited the Glucksman Gallery UCC & The Crawford Art Gallery and were fortunate enough to view the Rembrandt in Print Exhibit and Brian McGuire exhibition Remains.

On the 5th of March the fifth year students went on a guided tour of the Ardú Street Art viewing works that have injected our city with a burst of colour, vibrancy, and life and have united the Leaside community spirit at a time when it needed it most.

In May TY & 5th Year students visited the County Hall Library to view an exhibition of work by artist Oonagh Hurley- Women Unremembered. Focusing on women's accomplishments that have been languishing in history. The artist was kind enough to give the students a guided tour of her work explaining her research, process and overall artists Intention.



*5th year Ardu Street Art Tour for 5th yr students, with appreciation of art in our urban world celebrated and explored by students. Reflecting on the evolution of art in our city was a unique learning experience for all.*







# Fifth Year Class Photos

5A



5B



5C







# Fifth Year Class Photos

5D



5E



International Students Say Goodbye





# Leaving Certificate Students 2022 Graduation



We were delighted to be able to celebrate the graduation of Leaving Certificate Students 2022 as a community again this year. The final school assembly is always an emotional time for everyone. The Head Girl, Holly Umeh, and the Deputy Head Girl, Veronica Howells, spoke beautifully about their time in Christ King and representing their fellow students.



We thank Fr. Billy for a meaningful mass, and a very thoughtful sermon. He always thinks carefully about what he would like to say to the graduating class. Beautiful music and singing, and very thoughtful gifts representing each class added to the event. We thank every member of the school community involved in making the mass such a special occasion.



The Parents' Council always plays a special role on graduation day. Staff, students and families were invited to the school, where they were served a beautiful cake.







# Leaving Certificate Students 2022 Graduation



Good morning to the respected Principal, vice principal, teachers, and my dear year group. It's a pleasure for me to speak here at this farewell on behalf of my year. For me, Christ King girls secondary school has shaped me as a person. I have been given amazing teachers and I have made great friends, all of whom have influenced me in a positive way.

I would like to start by saying thank you to everyone in this room. Thank you to my fellow students for the beautiful experiences we have all shared together. Thank you for your kindness and love. I am delighted to have had the opportunity to know and attend this great school with you. Today we will leave the school gates for the last official time; however, we leave with more knowledge and more wisdom than what we started with. Thank you for your trust in my leadership by electing me to the position of head girl. I hope I was able to live up to your expectations.

I also want to thank our principal, vice principal, teachers and the entire staff of the school. Your guidance and the knowledge you have impacted on us will never be forgotten. As we go on to a world so vast, filled with opportunities and sometimes tribulations. I hope we all remember to always believe in ourselves and know that with hard work and dedication, anything is possible.

May the knowledge and love we have all shared these past few years guide and catapult us to greater heights and May all our dreams, hopes and desires come true!

I wish you all the best life has to offer!

*Holly Umeh, Head Girl 2021/22*







# Sixth Year Class photos

6A



6B



6C

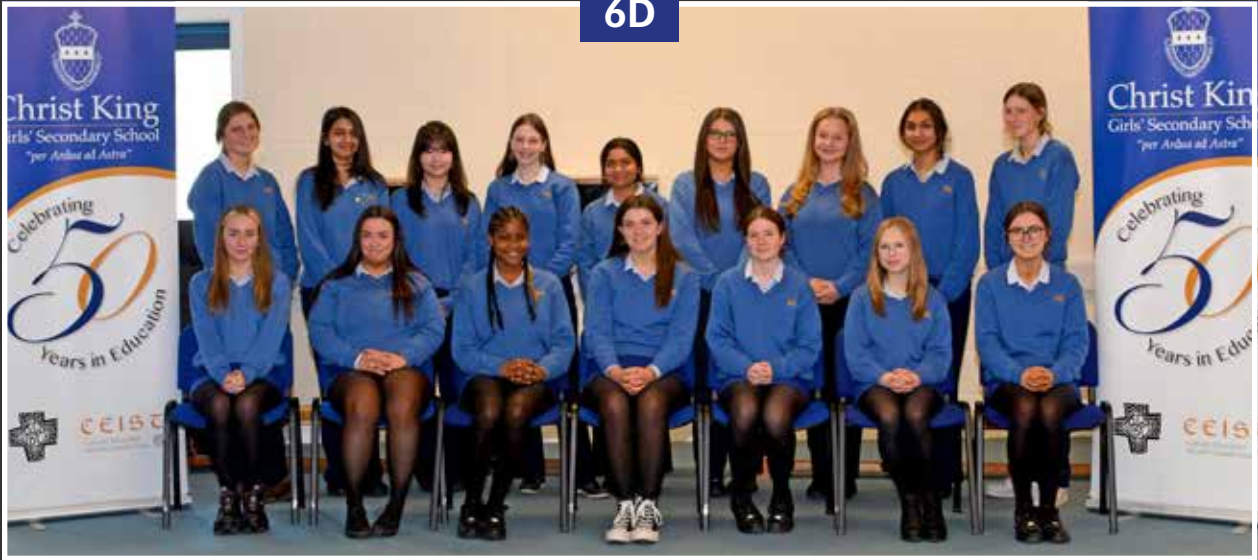






# Sixth Year Class photos

6D



6E



6F







# Cúrsaí Spóirt - Sport at CKSS

Sport is a huge part of school life at CKSS. We congratulate all of our students involved in sport throughout the year for their dedication.



1st year basketball

## Basketball

All basketball teams have had a hugely successful basketball season. We would like to wish our outgoing 6th year students the very best of luck and thank them for their commitment to CKSS Basketball over their time here – Maeve Carroll, Felicia Amayo, Maeve Moran, Molly O'Connor, Niamh Barry and Shanena Mealy.

Our 1st and 2nd year basketball teams had a hugely successful season this year. Their hard work along with their dedication throughout the year brought the 2nd year team to the Quarter Finals and our 1st years all the way to the First Round of 16 at All-Ireland level. We are extremely proud of the girls and look forward to resuming again in September.

Our U16 team were hugely successful with an unbeaten track record right through to winning the regional final in Neptune stadium against St. Mary's, Mallow in December. Well done to the girls for their ambition, hard-work and most importantly their team work throughout the season. Enjoy the summer girls and we look forward to seeing you back again next season.



2nd year basketball



Senior Basketball



Outgoing 6th Years



Junior Camogie



Senior Camogie





# Cúrsaí Spóirt - Sport at CKSS

## Congratulations

Congratulations to Rachel Bowdren, who was chosen to represent Irish Basketball in Montenegro this Summer. Ava Lynch, Arwen Hayes and Lucy McGinn for competing with Taekwondo Ireland, Caoilfhionn Grant-Moloney who became All Ireland Girl Champion with the Irish Boxing Association, and to Aideen Mullins who now holds the Irish, UK and European Titles in Thai Boxing. She will travel to Canada for the World Championship this summer.



Running Club

## Running Club

Running club continued this year on a Wednesday afternoon. We are fortunate to have the use of Tramore Valley Park. Teachers and students run together every week. Well done to everyone involved.

## South Munster Athletic Finals

Congratulations to Méabh Bannon for winning the silver medal in the minor pole vault, and to Tiffany Nwaedozie for winning gold in both the minor 100m final and the minor pole vault.



Aideen Mullins



Caoilfhionn Grant



Méabh Bannon



Tiffany Nwaedozie



Eva Lynch, Arwen Hayes, Lucy McGinn  
Taekwan-do



Rachel Bowdren



Junior Soccer



# Cúrsaí Spóirt - Sport at CKSS



**Sports Day at Christ King**

We had a very exciting day this year in Christ King on our Sports day in May. The whole school competed for a house cup over a number of events. These included athletics, team sports, and poc agus cic fada, with many fun activities added in. The inaugural house cup went to House Rea after a tight and well fought battle to the bitter end. The house system interlinked the year groups and strengthened community ties. A day of surprise appearances; Ms. Long and Ms. O'Grady look a whole lot different.





## Coiste na dTuismitheoirí - Parents Council Corner



### Messages from the Parents' Council

I joined the Parents' Council in September 2021, and this was my first year as secretary. As a new parent to the school I found it was a terrific way to gain an insight into the running of the school and to hear about current and future events happening within the school. It also provides a wonderful opportunity to meet other parents and in my own personal case I connected with new parents from the same base class which I would not have met otherwise. The meetings are typically 30 minutes long once a month. They are almost always attended by the principal and deputy principals and provide a great forum to ask questions and discuss issues or concerns. The meetings have a relaxed and welcoming atmosphere, and the attendees are engaging and friendly. Meetings were held virtually this year but hopefully we will have the opportunity to meet in person from September 22 onwards.

Fundraising is another aspect of the Parents' Council but participation in fundraising initiatives is completely voluntary. Our main fundraiser this year was the publication of 'Favourite Recipes' which is a collection of over 160 much loved recipes from CKSS families & friends compiled by the Parents' Council. The Cookbook also showcases the artwork of our talented 1st year art students. COVID made fundraising extremely challenging for the Parents' Council. This initiative allowed us to fundraise in a safe manner without the need for large group gatherings. I thoroughly enjoyed being involved in the project and I have to say it was tremendously rewarding to see the final product in print. I would highly encourage any parent to join the Parents' Council. I am certainly glad I did!

*Trish Tessier – 1<sup>st</sup> Year Parent*

My name is Mary Mc Sweeney. In September my daughter Sinead will begin her final year in Christ King Secondary School. Leaving Cert already, it just can't be true. I joined the Parents Council when Sinead began in 1st year. The five years have gone by so quickly, I have really enjoyed my time in the Parents Council as it is a great way to keep up to date with the goings on in the school. I found it particularly helpful in the past 2 years with all the school lockdowns.

We have a monthly meeting which has been on Zoom for the past few years but still as informative as if we were all in the same room. We as parents have the opportunity to ask questions or voice our concerns on a variety of topics. There is no pressure on anyone to do more than they can. Everyone has busy lives these days so if you can help at different events it is very much appreciated. I have met some very nice people since I joined the parents' council, so it is also an opportunity to get to know other parents and also allows parents the chance to give back to the school through our fundraising events. This year we launched the CKSS cookbook, which so far is a great success. I would encourage any parents to join the Parents' Council. It is great to keep up with the progress in the school, give back a little to the school and meet some really great people on the journey. This is my last year; I will be sad to leave but looking forward to the year ahead.

*Mary Mc Sweeney*





# School Tours - Lake Garda



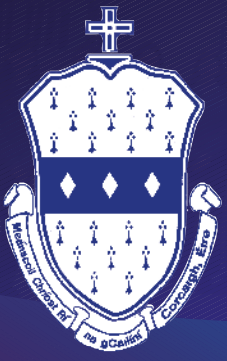




# School Tours - London







**Thank  
You**

A Sincere Thank You to all who contributed Articles, photographs and information to this issue. Your contributions as always are greatly appreciated.

## Why not join us on the following online platforms

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